

INSIGHT HOUSE COUNSELOR REFERRAL

Student Name: _____ School: _____ Date: _____

Grade: _____ Age: _____ School Staff Making Referral: _____

Check all observations, behaviors, events, reports, concerns that impacted on the decision to refer this student.

SCHOOL RISK FACTORS

Academic Failure

- 1. Sudden drop in grades and/or achievement
- 2. Gradual lowering of grades and/or achievement levels
- 3. Academic failure (new)
- 4. Wandering hallways or school grounds
- 5. Loss of interest in grades or achievement

Lack of Commitment to School

- 6. Increased frequency of absenteeism
- 7. Cutting classes
- 8. Present in classroom but inattentive
- 9. Attendance at co-curricular activities sporadic
- 10. Dropped out of co-curricular activities
- 11. On absentee list, but in school
- 12. Tardy
- 13. Lack of involvement in life or school
- 14. Lack of response to school concerns
- 15. Sleeping in class

FAMILY RISK FACTORS

Family History of Problem Behavior

- 16. Report of chemically dependent parent
- 17. Parent arrest for drug/alcohol offense
- 18. Parent/sibling history of drug/alcohol treatment
- 19. Sibling who uses drugs/alcohol

Family Conflict

- 20. Runaway
- 21. Physical abuse (includes sexual abuse)
- 22. Child in or history of out-of-home placement
- 23. Sibling in or history of out-of-home placement

Favorable Parental Attitudes Towards Problem Behavior

- 24. Parents aware of child's problems/fail to act
- 25. Parents allow drug/alcohol use

Family Management Problems

- 26. Youth reluctant to discuss home situations
- 27. Weak or lacking bonds within family
- 28. Inadequate level of family contact
- 29. Lack of parental monitoring and clear rules

INDIVIDUAL/PEER RISK FACTORS

Friends Who Engage in the Problem Behavior

- 30. Perceived number of friends who use AOD
- 31. Friends who have drug/alcohol related arrests

Alienation and Rebelliousness

- 32. Increase in disciplinary actions
- 33. Fighting/arguing with peers/staff
- 34. Mood swings
- 35. Vandalism
- 36. Stealing
- 37. Withdrawal from peers and staff
- 38. Depression, sudden emotional outbursts
- 39. Defensive
- 40. Confusion, disorientation
- 41. Sale of drugs/alcohol
- 42. PINS/JD petition initiated/adjudicated

Early Initiation of the Problem Behavior

- 43. Poor hygiene
- 44. Neglect of personal appearance
- 45. Blatant changes in sexual behavior
- 46. Violation of school drug/alcohol policies
- 47. DWI/DUI arrest/accident
- 48. Drug related arrest
- 49. Reports of drug/alcohol use
- 50. Tobacco user
- 51. Possession of large amounts of money
- 52. Borrowing or lending money
- 53. Possession of drugs without medical reason
- 54. Nervous, agitated, trouble sitting still
- 55. Difficulty walking, poor coordination
- 56. Odor of alcohol or marijuana
- 57. Changes in speech pattern
- 58. Frequent trips to bathroom
- 59. Frequent trips to nurse for various minor complaints
- 60. Burns on hands, clothing
- 61. More frequent physical injuries
- 62. Eyes often bloodshot

Other Reason(s) for Referral to Insight House Counselor:

Times/Days When Student Is Available: _____

Parent Contact Made: Yes No Date: _____ Parent Supportive of Referral? Yes No

Dates of Contact With Student: _____

Dates of Contact with Parent(s): _____